

PROBIOTIC YOGURT CULTURE



YOGURT, a source of vitality!

Freshly prepared yogurt combines all of the desirable characteristics of a **health food** that is **natural**, **wholesome** and **balanced** in nutrition.

Making a homemade **Yogotherm yogurt** ensures that the product contains live and active probiotic cultures that contribute to **your health** and **your well-being**.

With the Yogotherm dairy cultures, taking care of your health has never been so simple, efficient and delicious!



► Easy as 1-2-3!

1

HEAT

Heat 1 to 2 L of milk* at 80-82 °C (176-180 °F) and let it cool down to 41-45 °C (106-113 °F).



2

PREPARE

Add the content of the pouch to the milk and mix well. Add the mix to the yogurt maker. Let it sit for 5 to 8 hours at ambient temperature. When ready, refrigerate.



3

SERVE

Enjoy as is or in your favorite recipes. Keep it refrigerated.



*For more information about the type of milk to use, please visit our website at www.yogotherm.com



— 100% —
NATURAL
INGREDIENTS



SOY FREE



GLUTEN FREE



GELATIN
FREE



NO
PRESERVATIVES



NO ADDED
COLORANTS

Discover the art of transforming
milk with our other cultures!



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www.yogotherm.com